

VVoodhouse.

ALMANACK
for the year of our
LORD GOD
1644.

Being Bissextile or Leap-yeare,
and since the Creation of the

WORLD 1593.

Calculated for the longitude
and latitude of the City of Dub-
lin, and may generally serve for
all IRELAND.

BY

John Woodhouse Gent.



DUBLIN.

Printed by William Bladen.

anno Dom. 1644.

Tromsø, R. Durn. B.D.
Barmouth. N.W.

The common notes and moveable Feasts for
this present yeer 1644.

The old Julian &
English account.

			The new Gregorian & Roman account.
	11	The golden number	11
	1	The circle of the Sun	11
	12	Roman Indiction	12
	1	The Epact	21
March	10	Quadragesima or 1. Sunday of Lent	Febr. 14
April	21		March. 27
June.	9		May. 15
December.	1		Novemb. 27

Of the Eclipsees happening this yeare.

There shalbe 2. Eclipsees of the Sun this yeare,
whereof the latter shalbe a little seeke of us the 22.
day of August, about 4. of the clocke in the morning.

Aries
Taurus
Gemini
Cancer
Leo
Virgo
Libra
Scorpio
Sagittarius
Capricornus
Aquarius
Pisces

Head and face.
Necke and throat.
Armes and shoulders.
Wrest and stomack.
Heart and back.
Bowels and belly.
Reines and loynes.
Secrets and bladder.
The Throgs.
The Knees.
The Legges.
The feet.

A perfect Rule to know the Dayes or first Day
and Daises of Appearance of every Returne
in every Term by the same for ever.

Essoyne or first Dayes. | Dayes of Appearance.

Whare Term begins Janu. 23. ends Febr. the 11.

Octab.	{ Hillar.	{ 20	{ Janu.	Octab.	{ Hil.	{ 23	{ Janu.
XV.	{ 27			XV.	{ 31		
Craft.	{ Purif.	{ 3.	{ Febr.	Craft.	{ Pur.	{ 6	{ Febr.
Ostab.	{ Ostab.	{ 6.	{ Febr.	Ostab.	{ Ostab.	{ 11.	{ Febr.

Term begins 17 datus after Easter & ends 4. dates
after Ascension day, & hath 5. Returns.

V. Pas.	{ 2.	2. week	{ 3.	V. Pas.	{ 2.	All on the	Tres.
Tris.	Pas.	{ 3.	3. weeks	Tris.	Pas.	{ Wednes-	
Mensi.	Pas.	{ 6.	month	Mensi.	Pas.	dares in the	
V. Pas.	{ 8.	week	{ 9.	V.	{ 9.	Term.	
Craft. Ascens. the morrow af-				Craft. Ascens.		before Whitsunday.	
ter Ascension day.							

Term begins the Friday after Trinity Sunday,
and ends the Wednesday fortnight after.

Craft.	{	All upon the	Cri.	{	frid. aft Trin. sun.
Ostab.	{	Mondays	Ost.	{	All the wed-
XV.	{ Trin.	after Trin.	XV.	{ Trin.	nesday in
Tres.	{	tie sunday.	Tres.	{	the Term.

Term begins 23. of Octob. ends Novemb. 28

Tres.	{ Mich.	{ 20.	{ Dao.	Tres.	{ Mich.	{ 27.	{ octo.
Mense	{	{ 27.		Mens.	{	{ 31.	
Craft. Anim.	{	{ 3.		Craft. Anim.	{	{ 6.	
Craft.	{	{ 12.		Craft.	{	{ 15.	
Ostab.	{ Mart.	{ 18.	{ Nove.	Ostab.	{ Mart.	{ 21.	{ No.
XV.	{	{ 25.		XV.	{	{ 28.	

Proibed that none of the before mentioned dayes
be not upon the sunday. if so, then the day after.

with the late Termes.

Termes Michaelmas Term & Candlemas ter. is 7. week 3. daye.
Candlemas Term and Easter Term is 12. weeks.
Easter Term & Midsomer Term is 2. weeks 3. dayes
Midsomer Term & Michael.term is 15. weeks.

Note that begins here at on
the third of November.

From After Advent sund. till The 12 of January.
After Septuagesi. 8. dayes after Easter
Bogation lunday. Trinity Sunday.

Wednesday Quadragessima.
Friday and Whitsunday.
Saturday Holy Croſſe. Septemb. 14.
S. Lucies day. Decemb. 13.

Note that if Holy Croſſe, or S. Lucies day fall vpon wednesday, then take the wednesday following.

Septuagesima
Sexagesima
Quinquagesima
Quadragessima

is alwayes before Easter

9 weeks.
8 weeks.
7 weeks.
6 weeks.

is alwayes after Easter

5 weeks.
7 weeks.
8 weeks.

And Thursday next after Trinity Sunday
is Corpus Christi.

A true Computation of memorable things.

F rom the Creation to <i>Neabs Floud</i> , <i>Gen. 5.7.11.</i>	1059
From the Floud to <i>Abram</i> , <i>Gen. 11.32.12.4. Alt. 7.4.</i>	355
From <i>Abrams</i> birth to <i>Terabs</i> death, <i>Gen. 11.32. & 12.4.</i>	79
From <i>Terabs</i> death to <i>Israels</i> deliverie, <i>Exod. 12.40, 41.</i>	433
From that time till <i>Solomons</i> Temple, <i>1 Kg. 6. 1.</i>	483
From the building of <i>Solomons</i> Temple, untill Christ.	1031
From Christ's birth untill this yeers end	1644
The full sum from the Creation to this yeers end is	5593
The destruction of the City of <i>Troy</i>	2828
<i>Brute</i> entred this Island of <i>Great Britain</i>	2750
The building of the City of <i>London</i>	2752
The building of the City of <i>Rome</i>	2395
The Captivitie of <i>Babylon</i> by <i>Cyrus</i>	2282
The desolation of the Temple of <i>Solomon</i>	2249
<i>Augustus Cæsar</i> began his Empire	1684
Jerusalem utterly destroyed by <i>Vespasian</i>	1561
England first received the Christian Faith	1461
<i>Egbrichus</i> who made <i>England</i> first a Monarchy	842
Duke <i>william</i> conquered <i>England</i>	578
The building of <i>Westminster-hall</i>	544
The first Major of <i>Lond.</i> & stone bridge built	452
The use of Guns invented in <i>Almayne</i>	262
Printing of books first invented in <i>Germany</i>	204
<i>Martin Luther</i> opposed the Pope	127
King <i>Henry</i> conquered <i>Bulloin</i>	100
The Earles rebellion in the North parts	75
The generall Earth quake in <i>England</i> , April 6.	64
The Camp at <i>Tilbury</i> in <i>Essex</i> on S. <i>Janes</i> day	56
Our most Christian K. <i>Charles</i> was born, Nov. 19.	44
The Gun Powder-treason, Novemb. 5	39
The last great Frost in <i>England</i> : in Nov. 1607.	37
Prince <i>Henry</i> departed this life, Novemb. 6.	32
K. <i>Charles</i> his return from <i>Spain</i> , Octob. 5.	21
The last great plague in <i>London</i>	19
The birth of Prince <i>Charles</i> May 29	14
The Papists Rebellion in <i>Ireland</i> Octob. 23. 1641.	2
which day is commanded to be kept <i>Holy day</i> ,	3
for a day of <i>Thanksgiving</i> .	3

Dai. hou. min.

1	11	18
2	12	6
3	12	54
4	1	42
5	2	30
6	3	18
7	4	6
8	4	54
9	5	42
10	6	30
11	7	18
12	8	6
13	8	54
14	9	42
15	10	30
16	11	18
17	12	6
18	12	54
19	1	42
20	2	30
21	3	18
22	4	6
23	4	54
24	5	42
25	6	30
26	7	18
27	8	6
28	8	54
29	9	42
30	10	30

The age of the Moone.

The time of full Sea at the Warre of Dublin.

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A Tide Table

The use of this table is this, first find in the Almanack the day of the age of the Moone, & against that day in the second column of this table you have the houre of full Sea at the Warre of Dublin, except that contrary winds, great clouds, or the change of the Moone be not above 6. houres from noon, which if he be discreet that uses this Table, will teach hym how to adde or abate more time from the time of full Sea in the Table.

Example.

I desire to know full Sea at the Warre of Dublin the 2. of January 1644. I find by my ensuing Almanack the moon to be 2. dayes by the change in the 5. column of my Almanack the said 2. of January, with this I enter my table annexed and other against the said 2. day in the first column, I find in the second column 12. houres and 6. minuts for the time of full sea on the said 2. day of January, & this needeth not any abatement or addition, the change being lesse then 6. houres from noon.

Our most gracious King CHARLES, began His raigne ouer great Brittain the 27. of March, Anno Dom. 1625. and hath raigned 19. yeares compleat the 26. of March this yeare 1644, but the 27. day we write Anno Regni. 20.

God grant Our gracious King, long life, good health, and a prosperous happy Raigne over us.

When Sunday is alwayes the fourth Sunday before Christmas, and is yearly altered according to the changing of the Dominicall letter. For

When	B	is Dominicall Letter,	{ 27	
	C		28	
	D		29	of November.
	E	> Adventsun	30	
	F	day shall be	1	
	G	the	2	of December.
	A		3	

Also when	B		Sunday.
	C	is Dominicall Letter,	Saturday.
	D		Friday.
	E	> Christmas	Thursday.
	F	day shall fall upon	Wednesday.
	G		Tuesday.
	A		Munday.

But whereof all this of the dominicall letters, whereof may be known how many of them doe fall upon

the dominicall letters.

New years dayes.	S. George.	A
Philip and Jacob.	Christmas day.	B
S. Mark. S. Iames. S. Stephen.		C
S. Luke. All Saints. S. John Evangelist.		D
Candlemas day. S. Peter. S. Bartholomew. S. Mathew.		E
S. Andrew. S. Thomas. Innocents.		F
Twelfe day. S. Mathias. S. Patrick. S. Michael.		G
Annunciation of the Virgin Mary. S. John Baptist.		
Simon and Jude.		

Also when Bissextile or Leap-year falleth, then February hath 29. daies, and S. Mathias day is to be kept the 25. day, and the Calend of Februarie are twice numbered, and the Dominicall Letter is changed into the precedent Letter, as A shall be changed into G the precedent Letter, &c.

January hath XXXI. dayes.

		Daires ho. min.		ho. min.	ho. min.
		1 8	o 2	4	7 42
Sun riseth		10 7	19 > Sets	4	11 Day
		20 7	34 >	4 26 length	8 8 46
1	a	New years da			
2	b	Macarius.	aqua	13	11 d
3	c	Genouete.	pisces	12	12 e
4	d	Titus.		13 f	
5	e	R. Edw. conf.	aries	27	14 g
6	f	Treacher.		11	15 a
7	g	1. Sun. aft. Ep.	taur	25	16 b
8	a	Lucian.		9	17 :
9	b	Sol in Aquar.			
10	c	Higinus.	gem	25	18 d
11	d	Satyrus.	canc	7	16 e
12	e	Hilary.		20	20 f
13	f	2. Sun. aft. Epi.	leo	3	21 g
14	g	Micah & Hab.		16	22 a
15	a	Marcius.	virg	29	23 b
16	b	Anthony		11	24 c
17	c	Prisca	leo	24	25 d
18	d	Wolstan		6	26 e
19	e	Octab. Hilarij.	virg	18	27 f
20	f	3. Sun. aft. Epi.	tibia	30	28 g
21	g	Vincent.		11	29 a
22	a	22. Jan. 1501	scorp	23	30 b
23	b			5	31 c
24	c		sagitt	17	Fe. d
25	d	Con of Paul.		27	2 e
26	e	Polycarp.	capr	9	3 f
27	f	Quind. Hilarij.		23	4 g
28	g	4. Sun. aft. Epi.	aqua	7	5 a
29	a	Valerius.		22	6 b
30	b	Bloegund.	pisces	7	7 c
31	c	Marcella.		23	8 d

first qua. the
6. day, near 2.
in the after-
noone.
clouds & wind.

full Moone
the 13da. near
9. in at night.
windy & rain.

Last quart.
the 22. day,
at 2. in the
morning.
temperate.

New Moone
the 29. day
at 2. of the
morning.
temperate.

March the Moon hath 30. dayes.

Old Janus wills thee keep thy body warme
With kitchin Physick thy diseases charme,
Sweet wine is good, but exercise is best
For him that in his age would live at rest.

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February hath XXVIII. dayes.

		Da. ho. min.		ho. min.		ho. min.
Sun riseth		10 7 20	Sets	4 40	Dai.	9 54
		21 6 38		5 57	leng	10 44
1	d	Brigid. Fast	aries	7	11	g
2	e	Purif. 10. 11.		21	12	a
3	f	Craftina Purif.	taur	6	13	b
4	g	5. sun.aft.Epi.		20	14	c
5	a	Agatha.	gem	4	15	d
6	b	Dorothea.		17	16	e
7	c	Vigilus.	canc	1	17	f
8	d	Paul		13	18	g
9	e	Octab. Puriff.		26	19	a
10	f	6. sun. in Pisces	leo	8	20	b
11	g	6. sun.aft.Epi		21	21	c
12	a	Felicite & Cos.	virgo	2	22	d
13	b	Agabus.		14	23	e
14	c	Valentine.		26	24	f
15	d	Faustinus	libra	8	25	g
16	e	Julian		20	26	a
17	f	Fintan.	scorp	2	27	a
18	g	Septuagesst. 7.		14	28	b
19	a	Sabine		26	29	c
20	b	Mildred	sagit	8 Mar	d	
21	c	70. Martyrs.		21	2	e
22	d	Peters chair	capric	4	3	f
23	e	Policarp		17	4	g
24	f	Fast	aqua	1	5	a
25	g	Mathias Ap		17	6	b
26	a	Nelbor mart.	pisces	1	7	c
27	b	Augustine		15	8	d
28	c	Oswald bish.	aries	1	9	e
29	d	Roman abbot		15	10	f

First qu. the
4. Day at 11.
20. minnits
at night.
Faire.

Fall Moore
the 12. day at
10.42. minit.
at night.
Fayre & tem-
perate.

Last qua. the
20. Day at 7.
20. minnits
at night
Windy & wet

New Moore
the 27. Day at
5.30.minnits
at night.
cloudy.

February the Moon hath 28. dayes.

Of cold beware, with venison and fish
Doe not in any case maintaine thy dish,
'Tis not amisse to purge, to bath, or bleed,
If learned Counsell, and body stand in need.

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-Jo: Beuan:

for Glendale: adam.
As many minuts the Sun setteth after 3.4.5.6.7.8.
So riseth before 9.8.7.6.5.4.

March last XXXI. dayes.

	Dai.	ho.	min.	ho.	min.	ho.	min.
Sun riseth	1	6	19	5	41	11	22
	{ 10	6	0	{ 6	0	{ 12	0
	{ 20	5	41	{ 6	19	{ 12	38

1	D	David bishop	taur	1	11	g	
2	e	Chad bish.		15	12	a	
3		Stephens.		29	13		
4	g	Adrian	gem	13	14	c	
5	a	Phocas.		27	15	d	
6	b	Ashwednesday.	canc	10	16	e	
7	c	Herpetue		23	17	f	
8	d	Felix.	leo	5	18	g	
9	e	Sot in Aries.		17	19	a	
10		1. sun. in Lent.		29	20		
11	g	Soldat mart.	virg	11	21	c	
12	a	Gregory.		23	22	d	
13	b	Sabinus	libra	5	23	e	
14	c	Pet. mart.		17	24	f	
15	d	Longinus		29	25	g	
16	e	Papa martyr	scorp	11	26	a	
17		S. Patrick.		23	27		
18	g	Frigidianus	sagitt	5	28	c	
19	a	Joseph.		17	29	d	
20	b	Cuthbert.		30	30	e	
21	c	Benedict	capr	13	31	f	
22	d	Aphrodos.		26	Apri	g	
23	e	Victorianus.	aqua	10	2	a	
24		3. sun. in Lent.		24	3	c	
25	g	Saint Lucy	pisc	9	4	d	
26	a	Castulus.		23	5	e	
27	b	Jne Reg. Car.	aries	8	6	f	
28	c	Philiscus.		24	7	g	
29	d	Quintine	taur	9	8	a	
30	e	Matrinus		24	9		
31		4. sun. in Lent.	gem	8	10		

January the Moon hath 30. dayes.

Bathe oft, bleed not unlesse occasion urge,
Nor doe thy body too untimely purge ;
More health is gotten by observing diet
Then pleasure tane by vaine excesse and riot.

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April hath XXX. dayes.

Daies	ho.	min.	Daies	ho.	min.	Daies	ho.	min.
Sun riseth	1	5	16	6	44	13	28	
	10	4	57	7	3	14	6	
	20	4	38	7	22	14	44	

1	g	Theodora.	gem	22	11	c		
2	a	Mary Egyp	canc	6	12	d		
3	b	Richard bish.		19	13	e	First qu. the	
4	c	Ambrose.	leo	2	14	f	3. day at 10.	
5	d	Martin		14	15	g	at night.	
6	e	Sixtus		26	16	a	temperate.	
7	f	s. sun. of Lent	virg.	8	17			
8	g	Herodian.		20	18	c	Ful moon the	
9	a	Prochorus.	libra	2	19	d	12 day at 10 in	
10	b	Zoro. Virgi.		14	20	e	the morning.	
11	c	Sol. in Tauris		26	21	f	Fayre.	
12	d	Julius bish.	scorp	8	22	g		
13	e	Justin mart.		20	23	a		
14	f	Palme Sunday		2	24			
15	g	Olympiad.		14	25	c		
16	a	Isidore		27	26	d		
17	b	Nicetus		10	27	e	Last qua. the	
18	c	Eluther	capr	23	28	f	19. day at 7.	
19	d	Alphage.		aqua	6	g	in the after-	
20	e	Sothor		19	30	a	none.	
21	f	Gellering.		2	Ma		temperate.	
22	g	Apelles	pisce	18	2	c		
23	a	St. George.		2	3	d		
24	b		aries	17	4	e	New Moone	
25	c	St. Barthol.		2	5	f	the 26. day	
26	d	Marcelline	taur	2	6	g	halfe hourre	
27	e	Anastatius		17	7	a	after 10. in	
28	f	s. sun. aft. East.	gem	2	8		the morning.	
29	g	Typhicus.		17	9		Fayre	
30	a	Erkinwald.	canc	1	10			
				14		d		

April the Moone hath 29. dayes.

To purge to bathe, or bleed is not de barr'd,
So that the golden meane be well observ'd;
It's also good to hunt, to ride and run,
So that extremes herein thou ever shun.

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May hath XXXI dayes.

Dai. ho. min. ho. min. ho. min.

Sun riseth	$\{ \begin{matrix} 1 & 4 & 18 \\ 10 & 4 & 3 \\ 20 & 3 & 51 \end{matrix} \}$	Sers	$\{ \begin{matrix} 7 & 42 \\ 7 & 57 \\ 8 & 9 \end{matrix} \}$	Dai.	$\{ \begin{matrix} 15 & 24 \\ 15 & 54 \\ 16 & 18 \end{matrix} \}$
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1	b	Phil. evan. Iaco.	canc	28	11	e	
2	c	Athanasius	leo	11	12	f	
3	d	Invent. Cruc.		23	13	g	First qua. the
4	e	Monica	virg	5	14	a	3. day at halfe
5		2. sun. aft. East.		17	15		houre after-
6	g	Quind. Pasch.		29	16	c	nnone. Faire.
7	a	Io. of. Bev.	libra	10	17	d	
8	b	Math. begin.		22	18	e	
9	c	S. Jerome	scorp	4	19	e	
10	d	Gordian mar.		16	20	g	
11	e	Sol. in Libra.		29	21	a	full moone
12		3. sun. aft. East.	sagit	11	22		the 11. day at
13	g	Tres Paschæ		24	23	c	5. of the clock
14	a	Boniface	capri.	7	24	d	afternoone.
15	b			20	25	e	Windle.
16	c	Brandon	aqua	4	26	f	
17	d	Bernard tran.		16	27	g	Last qua. the
18	e	Dunstan bt.		30	28	a	19. day at 2.
19		4. sun. aft. East.	pisc	13	29		of the clock
20	g	Mens. Pasch.		27	30	c	20. min. in
21	a	Malens	aries	12	31	d	the morning.
22	b	Hellena.		26	Iu	e	winds
23	c	Deside.	taur	11	2	f	
24	d	Adlin Bisho.		26	3	g	
25	e	Urbane	gem	10	4	a	New moone
26		Royle. Fish.		25	5		the 25. day
27	g	Quinqu. Pasch.	canc	9	6	c	halfe houre
28	a	Germane		23	7	d	aft. 6. at night
29	b	Maxim. bish.	leo	6	8	e	thunder.
30	c	a Spur. bish.		19	9	f	
31	b	Craft. Ascent.	virg	1	10	g	

May the Moone hath 30. dayes.

Be bold to use such physicall Intentions
As are prescrib'd by Artists true Inventions:
But loath Impostors and quacksalving knaves,
That bring the soundest to untimely graves.

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Iunc hath XXX. dayes.

	Dai.	ho.	min.	ho.	min.	ho.	min.
Sun riseth	{ 1 10 20	{ 3 3 38 3 41	{ 41	{ 8 8 8	{ 19 12 19	{ 16 16 16	{ 38 44 38
Sets							
leng							

1	e	Richomede	virg.	13	11	a	
2	f	6. Iun. at. East.		25	12	w	
3	g		libra	7	13	c	first qua. the
4	a	Petrosus.		19	14	d	2. day at 5. in
5	b	Boniface	scorpi	1	15	e	the morning.
6	c	Claudius		12	16	f	cloudy.
7	d	wolstan		25	17	g	
8	e	Medard	sagit	7	18	a	
9	f	Wolstan		20	19	w	Ful moon the
10	g	Galerius	capr.	3	20	c	10. day at 5.
11	a			16	21	d	20. minutes in
12	i	Varnaby		29	22	e	the morning.
13	c	In hony	aqua	13	23	f	raine.
14	d	W. hall bishop.	pisces	10	24	g	
15	e	Modestus		24	26	w	
16	f	Tri. ie Sand. raft. Trinit.	aries	8	27	c	Last qua. the
17	g			22	28	d	17. day at 9. in
18	a	Marceline	taur	7	29	e	the morning.
19	b	Nat. R. Jacob.		21	20	f	temperate
20	c	Corpus Christ.	gem.	5	Jul	g	
21	d	Term begins		19	2	a	
22	e	libane.	canc.	3	3	w	
23	f	1 sun. aft. Tr.		18	4	c	new moon the
24	g	S. John Bapys	leo	1	5	d	24. day at 4. in
25	a	Octab. Trinit.		14	6	e	the morning.
26	b	John & Paul		26	7	f	temperate.
27	c	7. Sleepers	virg.	9	8	g	
28	d	8. ist		21	9	a	
29	e	St. Peter.	libra	3	10	w	
30	f	z. sun. aft. Tr.					

June the Moone hath xxix. dayes.

Now hunt the Hare, the scarefull Buck pursue,
Bid Idlenes and *Venus* sports adue :
The carefull Husband that intends to thrive
Will like the Bee bring honey to the hive.

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July hath XXXI. dayes.

Dai	ho.	min.	ho.	min.	ho.	min.
Sun riseth	1	3	48		8	12
	10	3	59	8	1	16
	20	4	14	7	46	15

Sets

1	g	Quind. Trinit.	Ibza	15	c	1
2	a	Visit. of Mary		27	d	1
3	b	Thom. transl.	scorp	8	e	2
4	c	Martin trans.		20	f	3
5	d	Zoe Virg.	sagit	3	g	4
6	e	Esat prophet		15		5
7	f	3. sun. aft. Tri.		28		6
8	g	Tres Trinitat.	capri	11	c	7
9	a	Cyrill Bish.		24	d	8
10	b	German bish.	aqua	9	e	9
11	c	Benedict		22	f	10
12	d	Pabor & Felix pisc.		7	g	11
13	e	Sun in Leo.		21		12
14	f	4. sun. aft. Tri.	aries	4	c	13
15	g	Swythin.		19	d	14
16	a	Olmond	taur	3	e	15
17	b	Renelme		17	f	16
18	c	Arnulph	gem	1	g	17
19	d	Dog day begin		15		18
20	e	Margeret		29	c	19
21	f	5. sun. aft. Tr.	canc	11	d	20
22	g	Mary Magd.		26	e	Aug
23	a	Apoline	leo	9	f	2
24	b	Fast		22	g	3
25	c	St. James	virgo	5		4
26	d	Anna mart.		17	c	5
27	e	7. Sleepers.		29	d	6
28	f	6. sun. aft. Tr.	Ibza	11	e	7
29	g	Felix		22	f	8
30	a	Addon	scorp	5	g	9
31	b	German bish.		16		10

July the Moone hath 30. daies.

Strike not a veine nor doe no Physick take,
Unlesse thou wilt a breach in Nature make ;
Nor medle not with wine nor wanton toyes ,
Lest thou deprive thy selfe of hoped Joyes.

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17 6
18 7
19 8
20 9
21 0
21 1
23 2
24 3
25 4
26 5
27 6
28 7
29 8
30 9
31 0
Aug 1
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August hath XXXI. dayes.

	Dai.	ho.	min.	ho.	min.	ho.	min.
Sun riseth	{ 1 10 20	4 5 5	34 51 12	{ 7 6	26 48	{ 14 14 13	56 18 36
Sets	{ 7 6	9 48	{ leng				

1	c	Lammas day,	scorp	28	11	f	
2	d	Stephen	sagit	11	12	g	
3	e	Javent Ste.		23	13	a	
4	x	sun aft. 3 tri.	capri	6	14	w	full moone the
5	g	Oswald King		19	15	c	8. day at 2. in
6	a	Tranng. Dom.	aqua	3	16	d	the morning.
7	b	Gowry Conf.		17	17	e	Faire.
8	c	Cyriack mar.	pisces	1	18	f	
9	d	Woman mar.		16	19	g	
10	e	Laurence.		30	20	a	
11	x	8 sun. aft. Tr.	aries	15	21	w	last quart. the
12	y	Clare virg.		30	22	c	14. day at 6.
13	a	sun in capri	taur	14	23	d	at night.
14	b	Eusebius		28	24	e	
15	c	Assumpt. Mary	gem	12	25	f	
16	d	Eluther bish.		26	26	g	
17	e	Oct. Laurenc	canc	9	27	a	
18	x	9 sun. aft. Trin		22	28	w	new moon the
19	y	Magnus	leo	5	29	c	22. day halfe
20	a	Bernard		18	30	d	houre after 4.
21	b	Lewes		30	31	e	in the morn.
22	c	Octa. Assumpt.	v	13	Sep	f	Eclips. wind.
23	d			24	2	g	
24	e	Barth. Ipo.	libra	7	3	a	
25	x	10 sun. aft. 7 tri.		19	4	w	
26	y	Kuffine mart.	scorp	1	5	c	first quar. th
27	a	Kufus		12	6	d	30. day at 8
28	b	Augustine.		24	7	e	in the morn.
29	c	Aug. 2nd. 146.	sagit	7	8	f	Faire
30	d	Felix		19	9	g	
31	e	Paulinus	capri	1	10	a	

August the Moone hath xxx. dayes.

Bid farewell physick, wine and women shun,
Lest woe is me (thou cryest) I am undon,
Use slender dyet, cooling drinke embrase,
If long on earth thou meanest to have a place.

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September hath XX dayes.

	Dai.	ho.	min.		ho.	min.		ho.	min.
Sun riseth	1	10	5	36	6	24	Dai.	12	48
		6	0		6	0	leng	12	0
		20	6	19	5	41		11	22

1	f	11. sun.aft. Tr.	Cap	14	11	25			
2	g	Anthony		26	12	1	full moon the		
3	a	Gregory	Aqua.	11	13	d	6. day at 11.		
4	b	Moses p[ro]p.		25	14	e	before noon		
5	c	Vertine	Pisc	9	15	f	Rainy and		
6	d	Elutherius		24	16	g	cloudy.		
7	e	Nat. Qu. Eliz.	Aries	9	17	h			
8	f	12. sun.aft. Tr.		24	18	i			
9	g	Silvius	Taur.	9	19	c	Last qua. the		
10	a	Prothus		24	20	d	13. day at 2.		
11	b	Martian	Gem.	8	21	e	in the mozn.		
12	c	Guydon mar.		22	22	f	temperate.		
13	d	soi in Lib.	Canc.	6	23	g			
14	e	Holy Crosse.		19	24	h			
15	f	13. sun.aft Tr.	Leo.	2	25	i			
16	g	Cyprian bish.		15	26	c			
17	a	Lambert		27	27	d			
18	b	Victorinus	Virg	10	28	e	new moon the		
19	c	Nat. of Mary		22	29	f	20. day at 8.		
20	d	Fast Libra		4	30	g	afternoone.		
21	e	St. Gall.		16	Oc	h	Fayie		
22	f	14. sun.aft.Tr.		28	1	i			
23	g	Cecila virg.	Scor	9	2	c			
24	a	Andoche.		21	3	d			
25	b	Firmin M.	Sagitt	3	4	e	First qua. the		
26	c	Cyprian. mar		15	5	f	28. day halfe		
27	d	Col. & Dam.		29	6	g	hour[e] aft. 11.		
28	e	Exuper. Fast	Capr	10	7	h	at night.		
29	f	St. Ch. St. Ch.		23	8	i	hore frosty		
30	g	Hierome.	Aqua	6	9	c			
					10	i			

Sentember the Moone hath 29. dayes.

Cheere up thy selfe, and do such physicke take
As may thy body sound and healthfull make ;
Take heed of surfet, naughty fruits forbeare
If thou intendit to live another yeare.

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October hath XXXI. Dayes.

	Dai.	ho.	min.		ho.	min.		ho.	min.
Sunriseh	1	6	38	Sets	5	22	Dai.	10	44.
	10	7	3		4	57	leng	9	54.
	20	7	20		4	4		9	20.

1	a	Hemigius	aqua	19			d	1	1
2	b	Leodegarius	pisces	3			e	1	2
3	c	Candddid mar.		18			f	1	3
4	d	Fransc. conf.	aries	3	the 5. day at	8	g	1	4
5	e	Apollinaris		18	of the clock in		a	1	5
6	f	16 sun.aft. Tr.	taur	3	the aftenone.		b	1	6
7	g	Faith virg.		18	cloudy.		c	1	7
8	a	Pelagius	gem	3			d	1	8
9	b	Theodoze.		18	Last quarter		e	1	9
10	c	Geron	canc	2	the 12. day at		f	1	0
11	d	Martine		16	1. afternoone.		g	1	1
12	e	Sol in scorpi		29	temperate.		a	1	2
13	f	17 sun.aft. Tr.	leo	12			b	1	3
14	g	Calixtus po.		24			c	1	4
15	a	Wolstan	virg	7	New Moone		d	1	5
16	b	Michael		19	the 20. day at		e	1	6
17	c	Etheld. fast	libra	1	3. afternoone.		f	1	7
18	d	Linae Eving.		13	temperate		g	1	8
19	e	Fridelwid		25			a	1	9
20	f	18.sun. aft. Tr.	scorp	6			b	1	0
21	g	Tres Mich.		18			c	1	1
22	a	Mary Halo.		30			d	Nov.	
23	b	Cern begins	sagitt	12			e	2	
24	c	Maglopp.		24			f	3	
25	d	Trulpianus.	capri	7			g	4	
26	e	Ursula		19			a	5	
27	f	19.sun.aft.Tri.	aqua	2	First qua. the		b	6	
28	g	Sim. & Jude		15	28. day at 1.		c	7	
29	a	Mense Mich.		28	afternoone.		d	8	
30	b	Germane	pisces	12	wind & wet.		e	9	
31	c	Quint. Fast.		26			f	10	

October the Moon hath xxx. dayes.

Yet prynck helpe is not to be refused

Of such as want, and warily can use it :

Good spert abroad for such as keep an hounds,

But best at home for him that hath no grounds.

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November hath XXX. dayes.

	Dai.	ho.	min.	ho.	min.	ho.	in.
Sun riseth	1 10 20	7 7 8	44 57 103	4 4 3	16 35 5	Dai. 8 8 7	32 6 40
Sets				4	16		
leng				3	5		

1	d	W. Geom.	aries	11	n	g	
2	e	All Soulies		26	12	a	
3		20. sun. aft. Tri.	taur.	11	13		
4	g	Craſtin. anim.		26	14	c	Ful moon the
5	a		gem	11	15	d	4. day past 5.
6	b	Leonard.		26	16	e	in the morn.
7	c	Willibrood	canc	11	17	f	windy.
8	d	4. Crow. ma.		25	18	g	
9	e	Theodoze	leo	8	19	a	
10		21. sun aft. Tri.		21	20		Last quar. the
11	g	Martine bish.	virg	3	21	c	11. day at 4.
12	a	Craft. Mart.		16	22	d	in the morn.
13	b	Sol in Sagitt.		28	23	e	winds.
14	c	Jucundus	libra	10	24	f	
15	d	Leopaldus		21	25	g	
16	e	Edmund dep.	scorpi	3	26	a	
17		22. sun. aft. Tr.		15	27		new moon the
18	g	Ostab. Martin.		27	28	c	19. day at 9.
19	a	Nat. of K. Ch.	sagit.	9	29	d	in the morn.
20	b	Edmund R.		21	30	e	Fayre.
21	c	Pres. of Ma.	capri	4	De	f	
22	d	Clement virg.		16	2	g	
23	e	Clement		29	3	a	
24		23. sun. aft. Tr.	aqua	12	4		First qua. the
25	g	Quind. Mart.		26	5	c	27. day at 1 in
26	a	Linus	pisce	8	6	d	the morning.
27	b	Agricola		22	7	e	unconstant.
28	c		aries	6	8	f	weather.
29	d			20	9	g	
30	e		taur	5	10	a	

November the Moone hath 29. dayes.

Now musk and meath are wholesome drinks esteem'd,
And meate well spiced worthy dyet deem'd,
Hot baths avoyd, but honest exrcise
I wish thee use in any kinde of wise.

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December hath XXXI. dayes.

		Dai.	ho.	min.	ho.	min.	ho.	min.
Sun.riseth		1	8	18	3	42	Dai.	7
		10	8	22	3	18		22
		20	8	18	3	42	leng	7
								22
1	f	Advent sunday	taur	20	11	25		
2	g	Candidus	gem	5	12	2		
3	a	Callianus		20	13	d	full moon the	
4	b	Barbara.	canc	4	14	e	2. day at 4. in	
5	c	Hab. abbot.		19	15	f	the afternoon.	
6	d	Nicholas.	leo	3	16	g	Fayre.	
7	e	Ambrose.		16	17	a		
8	f	2 sun aft. Adv.		29	18	b		
9	g	Cyprian Ab.	virg	12	19	c		
10	a	Eulalia.		24	20	d	last quart. the	
11	b	Sol in Capric.	libra	6	21	e	10. Day at 11.	
12	c	Paul Bishop		18	22	f	at night.	
13	d	Lucte virg.		30	23	g	Raine.	
14	e	Valerian.	scorpi	12	24	a		
15	f	3 sun aft. Adv.		23	25	b		
16	g	D Sapientia		6	26	c		
17	a	Lazarus bish.	sgitt	18	27	d		
18	b	Victor mart.		30	28	e	new moon the	
19	c	Julian	capri	13	29	f	19. day at 3. in	
20	d			26	30	g	the morning.	
21	e	Thomas Ap.	squa	9	31	a	temperate.	
22	f	4. sun.aft.Adv.		22	jan	b		
23	g	Victoria	pisc	5	2	c		
24	a			19	3	d		
25	b	Chrysostom day.	aries	3	4	e		
26	c	St. Stephen.		7	5	f		
27	d	Vitus Evan.		20	6	g		
28	e	Innocents	taur	15	7	a	1st quar. the	
29	f	Marcilius		20	8	b	16. day at 10.	
30	g	James trans.	gem	14	9	c	in the mozn.	
31	a	Silvester		27	10	d	unconstant-weather,	

December the Moone hath xxx. dayes.

Hot meats, sweet wine, and fire of fragrant wood
The spirits raise, and help to cheere the blood:
But milke and Kid, and all such watrish geere
Bequeath to him that hath no better cheere.

What man is now but doth desire to count,
 If commings in or layings out surmount,
 Within this Table plain it doth appeare,
 Thy daily charge to cast each month and yeare.

By the Day.	By the moneth or 28. Dayes	By the Yearc or 365. dayes.
1 Penny	2 shill. 4. d.	1. Pou. 10. sh. 5. d
2	4	3
3	7	4
4	9	6
5	11	7
6	14	9
7	16	10
8	18	12
9	1 poun. 1. shl.	13
10	1 3 4	15
11	1 5 8	16
1 Shilling	1 8	18
2	2 16	36
3	4 4	54
4	5 12	73
5	7	91
6	8 8	109
7	9 16	127
8	11 4	146
9	12 12	164
10	14	182
1 Pound	28	365
2	56	730
3	84	1095
4	112	1460
5	140	1825
6	168	2190
7	196	2555
8	224	2920
9	252	3285
10	280	3650
20	560	7300



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